



and Penntackxc.com
are getting together
to put on

The 3rd Annual Pennsylvania Distance Festival

When: Friday, June 6 starting at 6:00PM.

Where: Henderson High School in West Chester.

What: A post-season opportunity for elementary, middle school, high school, college and open distance runners to compete on a lightning fast track. It could be a good tune-up race for nationals or one more opportunity to compete before xc training starts.

Cost: \$10.00 per athlete for an unlimited number of events.

Meet T-Shirts and Concessions will be sold at the meet.

Order of Events: Women will run first.

6:00PM-800 meters Shot Put

6:25PM-3000 meters

7:00PM-5000 meters

7:40PM- Mile

All abilities are welcome. The time schedule is approximate.

Check out our website at: www.RUNCCRS.com